

May Sessions - 7pm start

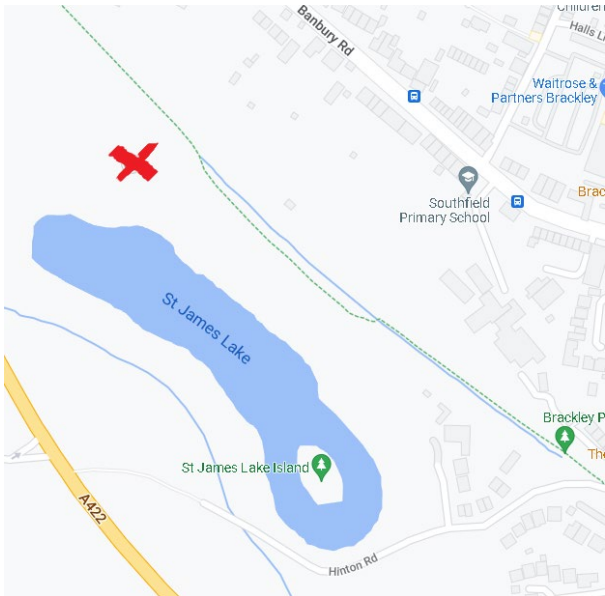
Date	Session	Leader / Coach	Meeting Point
Tues 3rd	Hinton Out & Back	Macca + GPG	Town Hall @ 6:50pm
Thurs 5th	Steane XC (Mixed Terrain)	SPYBT + GPG	BLC @ 6:50pm or Rugby Club @ 7:05 - 7:10pm
	Or: Halse Out & Back (Road)		
Tues 10th	BDRC Chicken Run Route	Noz + GPG	Central (Top of Town) Station Cafe @ 6:50pm
	Alternative Session: Tusmore	Lolly	Meet at Aspen Court, Heath Farm, Cottisford, Nr Brackley, Northants NN13 5SN at 6.50pm
Thurs 12th	Time Trial		Meet on the grass at the top of Turweston Road (next to Sainsbury's R'bout)
Tues 17th	BLC Pyramids	BBB / Max	BLC @ 6:50pm
Thurs 19th	Hinton Out & Back	Noz + GPG	Town Hall @ 6:50pm
	Alternative Session: Tusmore	Lolly	Meet at Aspen Court, Heath Farm, Cottisford, Nr Brackley, Northants NN13 5SN at 6.50pm
Tues 24th	Evenley Road Route	Mazzo + GPG	Town Hall @ 6:50pm
	Or: Evenley Trail Route		
Thurs 26th	Halse Out & Back	SPYBT + GPG	BLC @ 6:50pm or Rugby Club @ 7:05 - 7:10pm
Tues 31st	St James' Lake Loops	Macca	BLC at 6.50pm or meet at benches at St James Lake 7:10pm

NOTES:

Hi-vis is mandatory

Lights are recommended

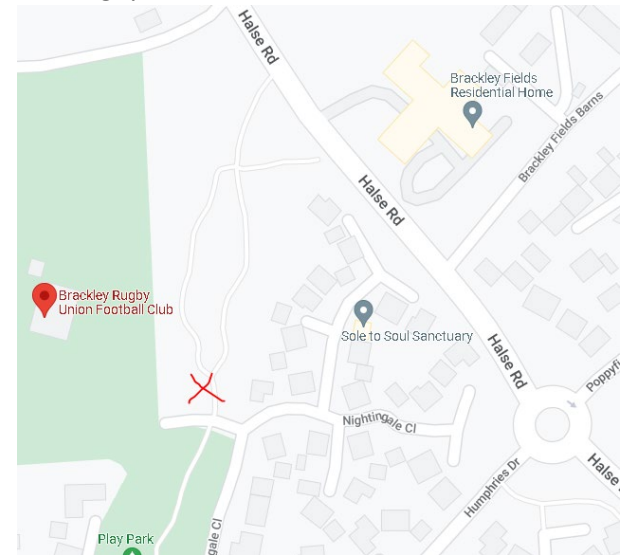
*** St James' Lake**



****Chicken Run Start Point**



***** Rugby Club Start Point**



BLC = Brackley Leisure Centre



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