

December Sessions - 7:00pm start				
Date	Session	Leader / Coach	Meeting Point	GPG Option
Tues 3rd	Old Town Hillbilly's	Heidi	Central (Top of Town) Station Cafe @ 6:50pm	Suitable for all
Thur 5th	Track Winter routes (Graduation)	Kim Sarah / All available	7pm start. Meet at North Oxfordshire Academy, OX16 0UD Car Park Entrance What 3 words address: prove.detail.dance BLC @ 6:50pm	Suitable for all GPG Route Provided
Tues 10th	Mile loops	Rachel	BLC @ 6:50pm	Suitable for all
Thur 12th	Increasing circles	BBB	Town Hall @ 6:50pm	Suitable for all
12th - 16th	Virtual XC		TBC	
Sat 14th	Christmas Party	All	Brackley Football Club	
Tues 17th	Fartleks	Nicola	BLC @ 6:50pm	GPG Option Available
Thur 19th	Glow Run	Max	BLC @ 6:50pm	Suitable for all
Tues 24th	No Session as we already had too many mince pies			
Thur 26th	No Session as we are busy with ensuring the in-laws are getting home safe			
Tues 31st	No Session as we are all busy writing down our new years resolutions (i.e. coming to lots of club sessions)			

## NOTES

*BLC = Brackley Leisure Centre*

**Session leaders reserve the right not to run a session on any given night**

**The session leader will conduct a warm up and cool down at the initial meeting point. If you meet us elsewhere, you will be expected to have warmed up prior to taking part in the session**

**Hi-vis is mandatory**

**Lights are recommended**

Old Town Hillbilly's start point



Track - **Meet at North Oxfordshire Academy, OX16 0UD Car Park**

**Entrance What 3 words address: prove.detail.dance**

