

	July Main Sessions			July Alternative Sessions		
	Session	Leader	Start/end point	Session	Leader	Start/end point
<b>Thurs 01</b>	Chicken Run Route 6 mile road	Noz	Brackley Central Cafe	St James lake loops Suitable for all Path	Meadster	Town Hall
<b>Mon 05</b>	MORNING SESSION	Lee	Brackley Leisure Centre	NA	NA	NA
<b>Tues 06</b>	Tusmore and GPG Trail	Lolly	Aspen Court	Hinton Out and Back Road Suitable for all	Chooch	Town Hall
<b>Thurs 08</b>	Steane 6 mile trail	Froggles	Brackley Lesiure Centre	Pyramids Grass pitch Suitable for all	Macca	Brackley Leisure Centre
<b>Mon 12</b>	MORNING SESSION	Lee	Brackley Leisure Centre	NA	NA	NA
<b>Tues 13</b>	Evenley Trail and GPG Trail	BBB	Town Hall	Evenley Road Road	Froggles	Town Hall
<b>Thurs 15</b>	Batwoman (6+ miles trail)	Mazzo	Rugby Club	Ever Increasing Circle Suitable for all road	Froggles	Town Hall
<b>Mon 19</b>	MORNING SESSION	Noz	Brackley Leisure Centre	NA	NA	NA
<b>Tues 20</b>	Steane and GPG Trail	Chooch	Brackley Leisure Centre	Halse out and back road Suitable for all	Macca	Brackley Leisure Centre
<b>Thurs 22</b>	BDRC TIME TRIAL					
<b>Mon 26</b>	MORNING SESSION	Froggles	Brackley Leisure Centre	NA	NA	NA
<b>Tues 27</b>	Tusmore and GPG Trail	Lolly	Aspen Court	St James lake loops Suitable for all	SPYBT	Town Hall

<b>Thurs 29</b>	Chicken Run Road route	BBB	Brackley Central Cafe	Pyramids Grass pitch Suitable for all	Noz	Brackley Leisure Centre
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**NOTES:**

**Hi-vis is mandatory**

**Lights are recommended**

**COVID secure arrangements are in place – PLEASE ENSURE SOCIAL DISTANCING IS MAINTAINED AT ALL TIME**

**Tuesday and Thursday evening sessions start at 7.00pm (unless otherwise stated)**

**Morning sessions start at 6.30am**

**Morning sessions are tailored to suit those in attendance and will be limited to 45 minutes. Morning sessions will typically involve hills / intervals / loops/short out and back distances/ 4-mile routes.**