

Brackley and District Running Club

Health and Safety Policy

Brackley and District Running Club is committed to ensuring the health and safety of all it's members.

In order to achieve this, the Club will;

- Undertake regular, recorded risk assessments of activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that members are given the appropriate level of briefing and supervision prior to, during and on completion of Club sporting activities, commensurate with the activity taking place.
- Ensure that all members have access to the Club's Health and Safety Policy.
- Provide appropriate access to first aid facilities, and a telephone at Club sporting activities.
- Report any significant injuries or accidents sustained during Club sporting activities.
- Ensure that this policy and its implementation is reviewed regularly.

All members are required to;

- Take reasonable care for their own health and safety and that of others who may be affected by what they do or do not do.
- Abide by the BDRC Code of Conduct
- Co-operate with the Club on health and safety issues.
- Correctly use all equipment provided by the Club.
- Not interfere with or misuse anything provided for health, safety or welfare.

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