

BDRC committee meeting 13.9.16

Apologies

- ET – Gen Sec
- Suz Meacock (SM) - Treasurer
- Alex Bailey (AB) – Merchandise Sec

Present:

Chairman: Gareth Bowen (GB)
Membership Sec: Dawn Beward (DB)
Race Sec: Adrian Crookes (AC)
Web Master: Nicola Crookes (NC)
Social Sec: Keely Weir (KW)
General Committee: Kirsty Hambleton (KH)

1. Previous meeting's business:

1. Business card - postcards done instead, need code of conduct on back of business cards, need to stress hi-vis now that winter routes started. Need to offer current stock large high vis bibs to members- GB to check supplies, NC to - email, Fb and put on website.
2. Locker at leisure centre, NC to contact.
3. Minutes closed and agreed from previous meeting

2. Chairman's report: 'All is well'

1. Good number of new members, good turn out at races. 24 runners tonight at Tuesday's club session.
2. GPG helping a lot with recruitment. We feel we need to advertise the club more, maybe in focus/town talk. Continue to put on Fb. NC/AC to email Alan Smith of 'Brackley Talk' (to go on global mapping website, to access his mailing list).
Redistribute Flyers in gyms, swimming pool, library.
Idea of a 'Glow run' (runners run with glow sticks/high vis/fladning lights) around Hallowe'en/Bonfire night to promote the club.
To take out flyers/cards on runs and give to other runners.
3. GB to email around chairman's message re: high-vis, loop backs and ideally you shouldn't run on your own.
4. Committee email to suggest pace groups within the distances. Session leaders to consider posting about pre-defined pace groups on cub nights on fb pre-Tuesday sessions. Aim for more of a pace based system.

3. Treasurer's report – SM emailed an update, DB summarised (thank you both).

1. Consider buying XC equipment (tent), may also need to purchase high vis vests (current ones very large and will not fit most members), likely to buy in bulk from Sports Direct/Other. Would also like to purchase glow sticks for glow run.
2. Funded 2 leader training courses for GB and IM.

3. Discussed about potentially booking a room for circuit training: Unlikely to work this year due to room booking at LC, booked up already on Thursdays.
 4. Again look to subsidise MK running festival race entries, Hilly 100 and XC payment.
 5. Accounts seem to show we have some money to be able to afford the above
 6. Xmas party subs, plus ones to be included in discount (agreed by committee for this year) £10 discount/person, making total cost £25 each, not including mini-bus cost. Club to be invoiced for mini bus and individuals to pay separately.
- 4. Club merchandise:** (AB absent)
1. Potential to suggest kinetic torches to be used on Winter runs: NC to test and feedback.
 2. Club T shirts - AB emailed re: minimal progress so far.
 1. Need a simple design to keep costs down. We would like to get new club shirts done asap.
 2. Next year aim to ensure we have club vests that we need to enforce for races.
 5. Current t shirts are not (generally) good for women. Vests are ok. Also would like a long sleeve shirt. **AB** - discuss current chicken run t-shirts supplier and for a thinner shirt, **same design as current cub vests**. Vest, t shirt, long sleeve all for male and female. KH to talk to him to about. (have discussed 19/9/16)
- 6. Membership sec** (DB)
1. 51 current members, 5 potential new members as well.
 2. After a query from a member: we are unlikely to create any different age categories to what we have.
 3. Second claim clubs are acceptable.
 4. EAA individual club affiliation to £14 from £13 April 2017, to increased club member by £1.
 5. Higher club rate will be paid by club account and not be incorporated into membership yet.
- 7. Social sec:** (KC)
1. £10 discount for all (members and partners) for Xmas party (10/12/16).
 2. AGM and awards ceremony. 11/11/16 - KC to advertise. 7:00 for 7:30 start, in Red Lion, in bar 2. £75 to £100, no food or drink included. To define committee positions and roles and up to 2 general committee members, only if other positions are not filled.
 1. AGM format – committee business, with a drinks break pre-award ceremony. GB to send the committee email. GB to collect votes.
 1. Prizes:
 1. 6 for Handicap (3 x Male 1st/2nd/3rd, 3 x Female 1st/2nd/3rd)
 2. 3 x Time Trial (1st/2nd/3rd) and to consider specific TT style trophy ?Watch. AC to contact trophy man.
 3. 8 x Club Championship awards (2 x 1st obelisks to be returned) 1st/2nd/3rd Male and Female. The 1st place winners have 1 x trophy to keep and 1 x obelisk to be engraved and returned next year.

4. 1 x club personality, 1 x club achiever, and 1 x Chairman's award.
 5. 22 Trophies in total (approx. £220)
 6. **Need two more obelisks for handicaps to be engraved and returned. Need new ones for engraving.**
3. London Marathon place: All members who were unsuccessful in London Marathon ballot, as long as proof of rejection email/magazine given. If a person has won a place they are then win will not be eligible to but put into the hat for the next 2 years.
4. Facebook page - appears to have too many non-active members. Group members to be reviewed and non-active members removed at timely intervals.
8. **Race Sec:** (AC)
 1. Club Champs - 6 male, 5 female (likely will end up being 7). Trophies as above. Handicaps: 5 ladies, 4 men. No to creating age categories within the club champs. Abilities have been addressed by handicaps and time trials to be as inclusive as possible.
9. **Web master:** (NC)
 1. Website doing well has been complimented recently.
 2. Race reports to be written – still waiting!
 3. Session leader profiles are good.
 4. Strength and conditioning page is empty on website, to potentially be created, Colin Whitehead to possibly do (NC to ask).
 5. Remove kit page until further kit decided upon.
10. **Chicken run update** - meeting Thursday. Same route including Airfield. Booked catering and first aid. [18th June](#) (but date TBC).
11. **AOB**
 1. Suggestions of more structure for sessions: more defined training.
 2. Warm ups: Suggest all leaders to encourage and committee to support. Warm up at [6:55](#) and run starts shortly after. Warms up to start from next week (Tuesday 20/9/16). Post on Feb. DB to write and NC send committee email.
 3. Winter routes - every Tuesday is long run, Thursday is skills: suggestions included
 - Hill sprints on watery lane, defined, inclusive
 - Buckingham road hills. Suggest we ask club member via committee email.
 4. GPG: need to encourage other members to support group, KC to recruit.
 5. XC tent to be bought - DB to look into, DB in first instance to buy new poles for current tent and maybe re-enforce. Likely XC start date to be mid-October, GB to email out for support and fill out entry forms pre-races. Fixtures normally 2nd Sat of month [1pm](#) for ladies, [2pm](#) for men.
12. **Date of next meeting** – December 2016, TBC at AGM.