

March Sessions - 7:00pm start				
Date	Session	Leader / Coach	Meeting Point	GPG Option
Thurs 29th - Mon 4th	Virtual Cross Country - Heat 5			
Tues 5th	Poppyfields Paarlauf	SPYBT	BLC @ 6:50pm	Suitable for all
Thurs 7th	Winter routes - Graduation Run	Macca	BLC @ 6:50pm	GPG Route Provided
Tues 12th	Old Town Hillbilly's	Heidi	Central (Top of Town) Station Cafe @ 6:50pm	Suitable for all
Thurs 14th	Track	BBB	7pm start. Meet at North Oxfordshire Academy, OX16 0UD Car Park Entrance What 3 words address: prove.detail.dance	Suitable for all
	Alternative Session: Winter Routes / GPG	SPYBT	BLC @ 6:50pm	GPG Route Provided
Sun 17th	MK Festival of Running 5km / 10km			
Tues 19th	Fartleks	Chooch + SPYBT	BLC @ 6:50pm	GPG Route Provided
Thurs 21st	Tusmore	Rachel	Meet at Aspen Court, Heath Farm, Cottisford, Nr Brackley, Northants NN13 5SN at 6.50pm	Suitable for all
Sun 24th	Run the Claydons - 7miles			
Tues 26th	Winter routes	Max	BLC @ 6:50pm	GPG Route Provided
Thurs 29th	Track	Froggles	7pm start. Meet at North Oxfordshire Academy, OX16 0UD Car Park Entrance What 3 words address: prove.detail.dance	Suitable for all
	Alternative Session: Mile Loops	Heidi	BLC at 6.50pm or meet at Radstone Roundabout 7:05pm - 7:10pm	Mile Loops

NOTES:

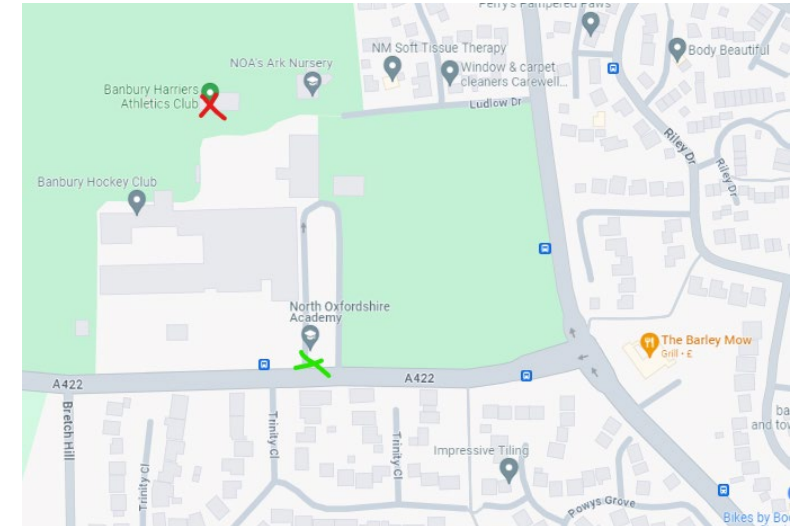
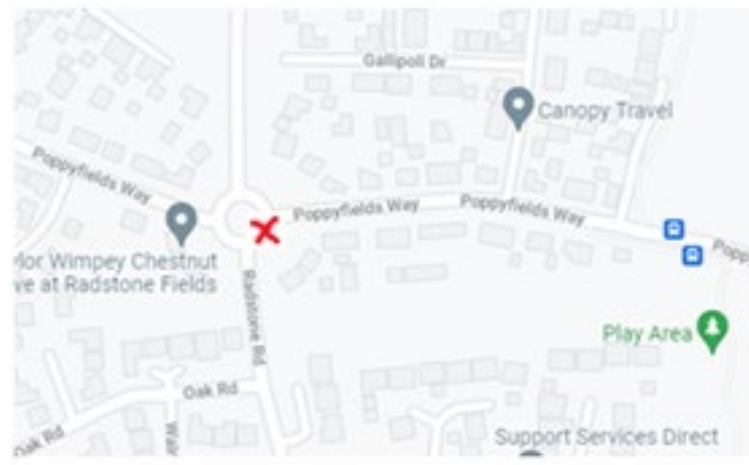
Session leaders reserve the right not to run a session on any given night

Hi-vis is mandatory

Lights are recommended

Old Town Hillbilly's Start Point

Start Point Mile Loops



BLC = Brackley Leisure Centre

Track - Meet at North Oxfordshire Academy, OX16 0UD Car Park Entrance
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