Rules for the 2023 Ballot for the BDRC England Athletics TCS London Marathon Entry.

In order to be eligible for the Club's place in the TCS London Marathon, the Club member must:

- 1. Have applied for entry to the TCS LM as an individual and be able to demonstrate that they were unsuccessful.
- 2. Not have been successful in the Club ballot in the previous three years.
- 3. Be an active member of the Club, demonstrated by at least TWO of the following since March 2022:
 - Supported the Gentle Pace Group on three occasions
 - Participated in Club colours in three races listed in the Club Championship or Handicap competitions.
 - Participated in the Club Time Trial (at least two rounds, either running or volunteering)
 - Been a member of the Club Committee and attended at least half the meetings
 - Acted as Session Leader on three occasions
 - Been an active volunteer at Chicken Run
 - Acted as a volunteer in the Club's Parkrun takeover.

The successful member must run in Club kit.

The ballot will be drawn each year at the Club AGM and presentation night (or another event chosen by the Club committee). The member whose name is drawn does not have to be present at the meeting to be successful in the ballot.

A first and second reserve will also be drawn in case the successful member turns down or is unable to take up the place.

Club Committee October 2022