



Venue	Brackley Sports Centre		Assessed by	Stephen Woodus		
Activity	Tuesday Night Club Run – Various Groups (11 minute milling – sub 7 minute milling)					
Persons affected	Club members, pedestrians, road users					
Hazards	Current Control Measures		PPE	Likelihood	Severity	Final Risk
Lone Running	Each runner is advised to run in the group according to their ability Responsibility of all runners in the group to make sure no-one is left behind New runners advised to start off in a slower group and then move up Groups advised to keep to the designate pace of the group		None	2	E	2E
Getting Lost	All routes are published on the website (both winter and summer routes) All groups advised to stick as a group and run at their designated pace No groups to go out without at least one member of the group being confident of the route		None	3	E	3E
Slips, Trips & Falls	Runners advised at the pre-run briefing of any potential issues due to road works Nearly all runners local and encouragement for knowledge to be shared If runner does slip, trip or fall other members in the group to stay with the runner and seek assistance		None	2	D	2D
Crossing Roads	Use of traffic aids where possible such as pelican and zebra crossings Runners advised to approach crossings with caution. Runners advised to wear high visibility and / or light coloured clothing to make themselves more visible		High Visibility clothing – At least one runners in each group to wear club hi Vis vest	3	C	3C
No Pavements / Other Road Users	Runners advised to run against the flow of traffic when no pavement Runners advised to wear high visibility and / or light coloured clothing to make themselves more visible		High Visibility clothing – At least one runners in each group to wear club hi Vis vest	3	C	3C
Pedestrians / Other Pavement Users	All runners to be aware of other pavement users in particular dog walkers who have dog leads which may be trailing. The group to keep to one defined side of the pavement where possible and step on to the verge / grass Pedestrians have equal rights to be using the pavement Front runner in the group to alert other members of the group		High Visibility clothing – At least one runners in each group to wear club hi Vis vest	2	D	2D
New Runners	All new runners told to identify themselves to the organiser of the Club Night Organiser to establish the best group for them to go into. Organiser to advise new runner of protocols. All new runners given certain tolerance for a 3 sessions and then asked to join the club for Insurance purposes		None	1	E	1E
Incident Weather	In the event of snow / ice runners advised to check website and an email sent out to advise of cancellation and / or restricted routes. If official notice given of not to run then any runners who do so do it at their own risk		None	2	D	2D
	Likelihood		Severity			
1	Highly Probably – Almost certainly will occur in time		A	Catastrophic – Imminent danger exists, will cause injury or danger on a wider scale		
2	Probable – Likely to occur over time		B	Critical – Likely to cause serious illness, severe injury, property or equipment damage		
3	Possible – May occur in time		C	Significant – Will cause an injury, illness, property or equipment damage and the results would be significant		
4	Remote – Unlikely to occur		D	Marginal – May cause injury, illness, property or equipment damage but the results would not be expected to be serious		
5	Extremely remote – Extremely unlikely to occur		E	Negligible – Unlikely to cause injury, illness property or equipment damage – remote possibility of injury requiring first aid attention		
Name	Stephen Woodus		signed	<i>S. Woodus</i>		Date 08/12/2014