

CLUB ACHIEVER

SPYBT (Suzanne Peel-Yates Bass-Twitchell)

"When I met her at the latter part of last year I think she may have completed a half marathon but since I've known her she's completed the Edinburgh Marathon, improved her times for the handicap champs each race and she ran in the endurance event with a team. She has a dogged determination I can only dream of. She's also a great support to others. "

"Her running has improved considerably, she has set herself challenges and completed them with a smile. Inspirational."

BBB (Michael Bishop)

"I am torn on this one and its between Boggy and Bish bash bosh! Boggy's 100+ miler was just fantastic, and we all enjoy his BDRC TV moments, which are always great fun and shows us all what running should be about, enjoyment!!! He's a great inspirational addition to the club. However, on balance i think i will go for BBB! Michael has achieved such a massive improvement over the course of the last few years in his running, but not only that he has changed with it as an individual, increased confidence and is an all round thoroughly nice chap who is always on hand to help, support and encourage. "

"For making amazing progress in his running with dramatic increases in his performance through consistent hard work and some excellent race/championship results, but also for his personal development achieved through his running. In the short time I've known him, through his running he has really come out of his shell to the extent that he is now a qualified session leader and continues to grow in confidence with each session. Valuable asset to the club. "

"Great improvement on all his pbs and undertaking a race abroad"

"BBB has improved so much in the years since he joined the club.....getting faster and faster and setting new PBs at every opportunity. Well done Bish Bash Bosh! "

Maxine

"For me there are two clear contenders. I think on reflection I have to vote for Maxine Sutton. Maxine has moved from being a GPG regular to having run two half marathons. She has shown great grit when her running hasn't been going well, and is always self deprecating about her achievements."

"She has improved so much since joining and is very supportive of newer runners too. "

JR (John Russell)

"He ran every one of the 33 miles with me at the Cotswold 100 this year. He's recovered from a pretty nasty fracture and is one of the most modest, supportive and friendly people I've ever

met."

Choochi (Nicola Crookes)

"A great year, brill to see so many getting involved in races/club events. So many doing first marathons (Juuulie/Froggles/SPYBT/Keeza), half marathons, new races and weird events (24hr, obstacle, etc). Former GPG's doing really well in races, club h'cap & TT's, especially SPYBT. Boggy trying to get us to think obstacle racing is legit running, when it's obviously not!☺ Alex/Pip/Andy Mc trying to persuade us that tri's are acceptable events to participate in... when they are super obviously not!!☺ BBB and Froggles still massively improving after last years success. Macca for doing loads of championship and h'cap races. JR for winning men's champs and trying to smash everything on every run/training run he does. ChairBow for, well, being ChairBow, oh, and winning Ladybower 50... by 11/2hrs, awesome! My choice though, and I really don't want to do this, but for getting age cat wins in races, pb's at various distances, smashing the TT's, nearly winning BDRC h'cap, winning BDRC champs, it can only be... Choochi."

BOGGY /Boggins (Pete Faulkner)

"Boggins for running 100 + miles in 24 hours"

"Pete 'The Feet' Faulkner and his amazing ditch diggling antics! In all seriousness his running is on another level and is totally inspirational. To run 100 miles is one thing, to run 108 miles, in 24 hours and by yourself and win the competition puts him in an entirely different league. Well done Pete."

"Doing over 100 miles in a circle is a feat of mental and physical stamina and perseverance!"

"There have been many notable achievements this year by club members, for example Adrian (Crookes), Suzanne (PYBT) and Keely (Weir) running their first marathons; Nicola (Crookes) achieving a London Marathon qualifying time; your very own victory at Ladybower 50 and even your Humphries Drive marathon; Pete (Faulkner) winning the Insomnia24 event and completing the Race to the Stones in such a great time. But for me there is one thing that stands apart from the others, if only for downright craziness, and that is Pete's run around St James Lake during which he completed 52 laps of the lake. So for sheer perseverance and for giving an example of what is possible in a small town Pete Faulkner gets my vote for Club Achiever."

"Pete "Boggy" Faulkner. The challenges he has set himself and achieved this year have been amazing and may be slightly boarding on mental – but in a good way. "