

Brackley and District Running Club

Risk Assessment: COVID-19

Date:	Assessed by:	Location :	Review :
18/07 /20	Richard McMahon	Club Sessions	October 2020

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Spreading / transmission of COVID 19 through airborne transmission of the disease by an infected person.	Club members, BLC staff, members of the public.		M	<u>Communication</u> <ul style="list-style-type: none"> Communicate to all members and session leaders that they must not attend a session if they have symptoms (or suspect they have symptoms), have recently tested positive for Covid-19, or have come into contact with someone who has tested positive for Covid-19. Prepare a set of guidelines for members and session leaders that meet Government and England Athletics guidance and communicate this to all members by email and Facebook. Members to be notified that the Club will be keeping a record of attendance for the period specified by England Athletics. Session leaders remind members of the guidelines at each session briefing. 	L	Restart Group	Ongoing	
			M	<u>Social Distancing</u> <ul style="list-style-type: none"> Members advised not to share cars to club sessions. Session leaders to consider staggered 	L	Restart Group/ Session	Ongoing	

				<ul style="list-style-type: none"> starts and additional departure points. Meeting / return points for Club sessions to be open areas where social distancing can be maintained. Members must not congregate at the entrance to BLC. Members advised to keep 2 metres apart during the session and from pedestrians. Members to be reminded to maintain hygienic practices when coughing or sneezing, not to spit or to expectorate upper respiratory mucous and to be considerate to other club members and pedestrians if sweating or breathing heavily. Session leaders to keep a record of all members who attended the session, and the leader will make this available to NHS Test and Trace on request. 		leaders		
Spreading / transmission of COVID 19 through contact with the disease on a surface.	Club members, BLC staff, members of the public.		M	<ul style="list-style-type: none"> Members to be informed that there are no toilets or changing facilities available at BLC. All members and session leaders advised to bring hand sanitizer to all sessions. Session leaders to sanitize their hands before entering BLC to access the Club locker, and on leaving the building. Routes to be reviewed to minimise the need to touch gates, stiles, handrails etc. Members to be advised to avoid touching rails, fences etc when stretching. In the event of illness or injury of a runner session leaders and members must be able to summon aid and only intervene to the extent they are comfortable and stringently sanitise 		L		

				hands etc afterwards.				
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Club Committee 23/07/20