

### Handicap Championship 2019

				Ratios												Run times (mmm:ss)											
Place	First name	Surname	Section	1	2	3	4	5	6	7	8	9	10	Overall average ratio	# of events (7 to qualify)	1	2	3	4	5	6	7	8	9	10		
				12/01/19 - Parkrun	19/01/19 - Parkrun	27/1/19 - Gayton 5K	27/1/19 - Gayton 10K	16/02/19 - Parkrun	24/2/19 Winslow 10k	MK 5K	MK 10K	MK Half	23/03/19 Park run			12/01/19 - Parkrun	19/01/19 - Parkrun	27/1/19 - Gayton 5K	27/1/19 - Gayton 10K	16/02/19 - Parkrun	24/2/19 Winslow 10k	MK 5K	MK 10K	MK Half	23/03/19 Park run		
1	Diane	Geatch	F					0.9426						0.94257	1					23:15							
2	Alexandra	Raschke	F	0.9010			0.9894				0.9488			0.94641	3	25:38			52:52						50:42		
3	Charlotte	Brown	F	0.9350	0.9854									0.96024	2	29:45	29:19										
4	Chloe	Plester	F	0.9812			0.9732					0.9840	0.9717	0.97752	4	27:47			57:27						128:10	27:31	
5	Sarah	Scott	F					0.9475	1.0078					0.97767	2					25:35	53:45						
6	Siobon	Herring	F	0.9960							0.9726			0.98425	2	28:43									58:28		
7	Sue	Torrance	F		0.9887		0.9885							0.98864	2		23:26		48:51								
8	Natasha	Berry	F		1.0157			0.9952					0.9911	0.99317	3		24:47			24:17						24:11	
9	Nicola	Crookes	F			0.9821		0.9842	1.0436		0.9704			0.99511	4			22:51		22:54	50:37			47:04			
10	Claire	Frogley	F				0.9851		1.0100	0.9906				0.99526	3				47:27		48:39	22:53					
11	Karine	Peter	F					1.0066			1.0017			1.00417	2					48:16				48:02			
12	Christine	Bridger	F					1.0059						1.00588	1				31:21								
13	Nicola	Olliffe	F		1.0223		1.0293				0.9924			1.01466	3		26:45		56:09					54:08			
14	Louise	Follner	F	1.0075			1.0226							1.01507	2	24:34		51:59									
15	Emily	Cowing	F								1.0177			1.01771	1									120:42			
16	Allyson	Anstee	F									1.0245		1.02446	1										24:26		
17	Heidi	Lewis	F			1.0246			1.0322					1.02837	2				47:15		47:36						
18	Julie	Waller	F					1.0642	1.0132				1.0132	1.03021	3					61:36	28:08				28:08		
19	Maxine	Sutton	F						1.0488					1.04057	2					26:30					26:05		
20	Kelly	Llewelyn	F							1.0499				1.04992	1							62:03					
21	Rachel	Prior	F				1.0756				1.0636	1.0345		1.05788	3				27:02				122:58		26:00		
22	Dawn	Breward	F				1.0776							1.07764	1					24:59							
23	Chloe	Plummer	F									1.1525		1.15254	1											39:40	
1	Gareth	Meade	M							0.8931				0.89311	1										23:32		
2	Tom	Frogley	M		0.9583	0.9276		0.9993		1.0053				0.96373	4					25:11		25:20					
3	Wilf	Fox	M	1.0000	0.9364			0.9912						0.96379	3	36:25	34:06			33:48							
4	Serge	Daval	M						0.9837		0.9811			0.98238	2						44:12			44:05			
5	Christopher	Noble	M	1.0087	1.0095			0.9818	0.9589					0.98311	4	19:24	19:25			18:53	38:27						
6	Andrew	Gardner	M	0.9881	0.9496		1.0072				1.0449			0.98566	5	29:05	27:57		58:41					60:53		26:18	
7	Eoin	Tweeddale	M	1.0091	1.0000	1.0070							0.9965	1.00117	4	23:59	23:46	23:56							23:41		
8	Michael	Bishop	M	0.9942							1.0217			1.00799	2	20:06								43:04			
9	Mark	Poulton	M	1.0007			1.0062		1.0230					1.00995	3	24:41			51:44		52:36						
10	Tom	Weedon	M									1.0115		1.01153	1					#N/A				127:15			
11	Toby	Cartwright	M									1.0291		1.02909	1									99:39			
12	Paul	Brown	M	1.0814	1.0256						0.9872			1.03139	3	28:08	26:41							118:08			
13	Stuart	Coomber	M	1.0851	1.0040								1.0597	1.03182	3	22:44	21:02								22:12		
14	Adrian	Crookes	M					1.1255	0.9823			0.9989		1.03555	3					24:22	44:20			45:05			
15	James	Olliffe	M				1.0424					1.0454	1.0262	1.03799	3	#N/A	#N/A	#N/A	37:18					82:33	17:37		
16	Kevin	Tustain	M	1.0188		1.0338	1.0920	1.0216				1.1392		1.05335	5	18:05			38:15	19:23	37:48		93:01				
17	Brett	Pringle	M										1.0552	1.05517	1						#N/A				25:30		
18	Michael	Prior	M								1.0875		1.0286	1.05804	2								60:43		27:33		
19	Richard	McMahon	M	1.0824			1.0354		1.0221				1.1020	1.06049	4	27:22			54:35		53:53			128:10			
20	Julian	Chronicle	M							1.0791		1.0657		1.07243	2									52:30	24:52		
21	Alex	Bailey	M	1.0044	1.2568							1.2141		1.10927	3	22:45	28:28									27:30	

Denotes 7 events completed (7 events to qualify)  
 Denotes event that handicap was adjusted