

2019 Members Handicap championship times

First name	Surname	Section	2018 5K Bucks Parkrun best Time	2019 5k handicap (mm:ss)	2019 5mi handicap (mm:ss)	2019 10k handicap (mm:ss)	2019 10mi handicap (mm:ss)	2019 Half M handicap (mm:ss)
Allyson	Anstee	F	23:51	23:51	39:30	49:43	82:20	109:42
Alex	Bailey	M	22:39	22:39	37:31	47:13	78:12	104:11
Suzanne	Bass-Twitchell	F	27:41	27:41	45:51	57:43	95:35	127:20
Natasha	Berry	F	24:24	24:24	40:25	50:52	84:14	112:14
Michael	Bishop	M	20:13	20:13	33:29	42:09	69:48	93:00
Gareth	Bowden	M	18:29	18:29	30:37	38:32	63:49	85:01
David	Bowen	M	No:Time					
Helen	Brawn	F	24:40	24:40	40:51	51:25	85:10	113:28
Dawn	Breward	F	23:11	23:11	38:24	48:20	80:02	106:38
Christine	Bridger	F	31:10	31:10	51:37	64:59	107:36	143:22
Sara	Brooks	F	No:Time					
Charlotte	Brown	F	No:Time					
Paul	Brown	M	No:Time					
Toby	Cartwright	M	21:03	21:03	34:52	43:53	72:40	96:50
Sue	Chalmers	F	No:Time					
Julian	Chronicle	M	23:20	23:20	38:39	48:39	80:33	107:20
Stuart	Coomber	M	20:57	20:57	34:42	43:41	72:20	96:22
Emily	Cowing	F	25:47	25:47	42:42	53:45	89:01	118:36
Nicola	Crookes	F	23:16	23:16	38:32	48:30	80:20	107:01
Adrian	Crookes	M	21:39	21:39	35:51	45:08	74:45	99:35
Simone	Cross	F	No:Time					
Serge	Daval	M	21:33	21:33	35:41	44:56	74:24	99:08
Sam	Dix	M	17:40	17:40	29:15	36:50	61:00	81:16
Pete	Faulkner	M	No:Time					
Sue	Fawcett	F	29:16	29:16	48:28	61:01	101:03	134:37
Louise	Follner	F	24:23	24:23	40:23	50:50	84:11	112:10
Libby	Foster	F	No:Time					
Wilf	Fox	M	No:Time					
Claire	Frogley	F	23:06	23:06	38:15	48:10	79:45	106:15
Tom	Frogley	M	27:10	27:10	44:59	56:38	93:48	124:58
Andrew	Gardner	M	29:26	29:26	48:45	61:22	101:37	135:23
Diane	Geatch	F	24:40	24:40	40:51	51:25	85:10	113:28
John	Gray	M	No:Time					
Amanda	Hallam	F	No:Time					
Nichola	Harman	F	24:04	24:04	39:51	50:10	83:05	110:42
Ash	Hayden	F	No:Time					
Siobon	Herring	F	28:50	28:50	47:45	60:07	99:33	132:38
Brad	Hook	M	No:Time					
Jamie	Horseman	M	22:51	22:51	37:51	47:38	78:53	105:06
Andrew	Howe	M	No:Time					
Nikki	Jenkins	F	29:20	29:20	48:35	61:09	101:16	134:56
Greg	Jones	M	No:Time					
Heidi	Lewis	F	22:07	22:07	36:38	46:07	76:21	101:44
Kelly	Llewelyn	F	28:21	28:21	46:57	59:06	97:53	130:24
Nick	Locke	M	No:Time					
Clara	Locke	F	No:Time					
Darren	Long	M	No:Time					
Ian	Marriott	M	20:36	20:36	34:07	42:57	71:07	94:45
Andrew	Mcleish	M	23:39	23:39	39:10	49:18	81:39	108:47
Richard	McMahon	M	25:17	25:17	41:52	52:43	87:17	116:18
Gareth	Meade	M	26:21	26:21	43:38	54:56	90:58	121:12
Christopher	Noble	M	19:14	19:14	31:51	40:06	66:24	88:28
Deb	Payton	F	25:15	25:15	41:49	52:38	87:10	116:09
Karine	Peter	F	23:00	23:00	38:05	47:57	79:24	105:48
Chloe	Plester	F	28:19	28:19	46:54	59:02	97:46	130:15
Mark	Poulton	M	24:40	24:40	40:51	51:25	85:10	113:28
Brett	Pringle	M	No:Time					
Rachel	Prior	F	25:08	25:08	41:37	52:24	86:46	115:37
Michael	Prior	M	26:47	26:47	44:21	55:50	92:28	123:12
Alexandra	Raschke	F	28:27	28:27	47:07	59:19	98:13	130:52
Claire	Reynolds	F	No:Time					
John	Russell	M	No:Time					
Sarah	Scott	F	28:04	28:04	46:29	58:31	96:54	129:06
Maxine	Sutton	F	25:16	25:16	41:51	52:41	87:14	116:13
Hannah	Tasker	F	No:Time					
Laura	Thompson	F	No:Time					
Sue	Torrance	F	23:42	23:42	39:15	49:25	81:49	109:01
Mark	Torrington	M	20:50	20:50	34:30	43:26	71:56	95:50
Kevin	Tustain	M	17:45	17:45	29:24	37:00	61:17	81:39
Eoin	Tweeddale	M	23:46	23:46	39:22	49:33	82:03	109:19
Julie	Waller	F	27:46	27:46	45:59	57:53	95:52	127:43
Keely	Weir	F	No:Time					
Graham	Weir	M	22:22	22:22	37:02	46:38	77:13	102:53
Colin	Whitehead	M	No:Time					
Sarah	Wightman	F	No:Time					
Jane	Wood	F	No:Time					