

Handicap Championship 2019

Season start Handicap times										Adjusted handicaps					Run times (mmm:ss)	
Place	First name	Surname	Section	Bucks parkrun PB 2018: 5k handicap for 2018 (mm:ss)	5 mi handicap for 2018 (mm:ss)	10K handicap for 2018 (mm:ss)	10 mile handicap for 2018 (mmm:ss)	Half M handicap for 2018 (mmm:ss)	Bucks parkrun PB 2018: 5k handicap for 2018 (mm:ss)	5 mi handicap for 2018 (mm:ss)	10K handicap for 2018 (mm:ss)	10 mile handicap for 2018 (mmm:ss)	Half M handicap for 2018 (mmm:ss)	Overall average ratio	12/01/19 Parkrun	
1	Alexandra	Raschke	F	28:27	47:07	59:19	98:13	130:52	25:38	42:27	53:26	88:29	117:54	0.90100	25:38	
2	Charlotte	Brown	F	31:49	52:41	66:20	109:51	146:21	29:45	49:16	62:01	102:42	136:50	0.93504	29:45	
3	Chloe	Plester	F	28:19	46:54	59:02	97:46	130:15						0.98117	27:47	
4	Siobon	Herring	F	28:50	47:45	60:07	99:33	132:38						0.99595	28:43	
5	Louise	Follner	F	24:23	40:23	50:50	84:11	112:10						1.00752	24:34	
1	Andrew	Gardner	M	29:26	48:45	61:22	101:37	135:23						0.98811	29:05	
2	Michael	Bishop	M	20:13	33:29	42:09	69:48	93:00						0.99423	20:06	
3	Mark	Poulton	M	24:40	40:51	51:25	85:10	113:28						1.00068	24:41	
4	Alex	Bailey	M	22:39	37:31	47:13	78:12	104:11						1.00442	22:45	
5	Christopher	Noble	M	19:14	31:51	40:06	66:24	88:28						1.00867	19:24	
6	Eoin	Tweeddale	M	23:46	39:22	49:33	82:03	109:19						1.00912	23:59	
7	Kevin	Tustain	M	17:45	29:24	37:00	61:17	81:39						1.01878	18:05	
8	Paul	Brown	M	26:01	43:05	54:14	89:49	119:40						1.08136	28:08	
9	Richard	McMahon	M	25:17	41:52	52:43	87:17	116:18						1.08240	27:22	
10	Stuart	Coomber	M	20:57	34:42	43:41	72:20	96:22						1.08512	22:44	