

Handicap Championship 2017

Update: 20/06/2017

12 13 14 15

Season start Handicap times

Adjusted Handicap times (where ratio's achieved <0.95)

Event Run Times

Place	Firstname	Surname	Section	Bucks parkrun PB 2016: 5k handicap for 2017	5 mi handicap for 2017	10K handicap for 2017	Bucks parkrun PB 2016: 5k handicap for 2017	5 mi handicap for 2017	10K handicap for 2017	Banbury 5	Heyford 10k	Heyford 5k	Bucks PR - 17/6/17	Average ratio	# events
1	Suzanne	Bass-Twitchell	F	28:59	48:03	60:11				46:15			28:07	0.9597	3
2	Nicola	Crookes	F	22:34	37:24	46:52	21:23	35:28	44:24				22:21	0.9782	7
3	Claire	Reynolds	F	23:41	39:15	49:11	22:17	36:57	46:17			21:59		0.9824	3
4	Maxine	Sutton	F	28:53	47:53	59:59				48:38	60:03		31:43	0.9833	6
5	Claire	Frogley	F	25:38	42:29	53:14								0.9923	6
6	Heidi	Lewis	F	23:02	38:11	47:50				37:39	47:34			0.9924	5
7	Helen	Brawn	F	24:57	41:21	51:49								0.9970	2
8	Kelly	Llewellyn	F	31:50	52:46	66:06	29:56	49:38	62:10		65:34		31:42	1.0095	4
9	Lydia	Perryman	F	23:35	39:05	48:58								1.0132	3
10	Natasha	Berry	F	24:34	40:43	51:01				43:14			26:27	1.0301	7
11	Julie	Waller	F	27:25	45:27	56:56								1.0332	3
12	Tessa	Gunson	F	25:32	42:19	53:01								1.0455	3
13	Keely	Weir	F	24:52	41:13	51:38	23:23	38:47	48:35		49:25			1.0500	4
14	Dawn	Beward	F	22:07	36:40	45:55								1.1520	3
	Diane	Geatch	F	No time:	#VALUE!	#VALUE!								No H'cap	0
1	Graham	Weir	M	22:29	37:16	46:41	20:57	34:44	43:31					0.9322	1
2	Bartek	Wojna	M	21:47	36:06	45:14								0.9793	1
3	Sam	Gausden	M	19:29	32:18	40:27								0.9932	1
4	Phil	Vale	M	26:55	44:37	55:54				45:29				0.9974	3
5	Adrian	Crookes	M	21:41	35:56	45:01							21:02	0.9982	6
6	Gareth	Meade	M	24:28	40:33	50:48				40:50			24:24	1.0041	3
7	Andrew	Mcleish	M	22:59	38:06	47:43				38:22				1.0070	1
8	Ian	Marriott	M	20:27	33:54	42:28								1.0114	1
9	Gareth	Bowden	M	18:06	30:00	37:35								1.0216	4
10	Julian	Chronicle	M	24:38	40:50	51:09				40:53			24:26	1.0237	4
11	Eoin	Tweeddale	M	23:51	39:32	49:31								1.0243	5
12	John	Russell	M	17:51	29:35	37:04					38:30		18:47	1.0290	5
13	Christopher	Noble	M	19:10	31:46	39:48								1.0349	4
14	Alex	Bailey	M	21:18	35:18	44:14				37:10			22:18	1.0419	3
15	Richard	McMahon	M	23:44	39:20	49:17				42:50	53:48		24:41	1.0504	8
16	Michael	Bishop	M	21:19	35:20	44:16				48:38				1.0730	6
	Mark	Torrington	M	No time:	#VALUE!	#VALUE!				34:34				No H'cap	0
	Pete	Kingsley	M	No time:	#VALUE!	#VALUE!				34:17				No H'cap	0

Denotes 6 events completed (6 events to qualify)

Denotes the Parkruns that count towards the average ratio and event count (Max of 2 PRs to count)